

# Skin Care Services Menu

**Dr. Robert Spies M.D.,  
FACS**

**Carol Traw, RNFA  
Injection Specialist  
Certified Plastic Surgery Nurse**

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Licensed Medical Aesthetician**

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# Peels & Specialty Facials

## **Blue Peel 1-2 layer 60min Individual Treatment \$350**

This is a mid-depth peel with an approximate down time of 5-10 days. Kristina, our Medical Aesthetician, will efficiently perform this application. It is effective for all skin types and can also be performed on the neck, chest, arms and hands. Pre-treatment with OBAGI products required.

## **Blue Peel 60-90min \$650.00 (includes post peel kit)**

This is a physician controlled deep chemical peel for those who wish extreme results. Dr. Spies will perform this procedure. This peel allows him to monitor the appropriate depth for your specific skin type and to effectively remove the thin surface layers of aged damaged skin. Allow 7-10 days of down time. This will resurface your skin and take years off!!! Pre-treatment with OBAGI products required.

## **Blue Radiance Peel 45min \$125.00 series of 6 (\$625.00)**

Introducing Obagi **Blue Peel RADIANCE** – instant, glowing results for most skin types! Unique professional peel formulated with the patients in mind. Provides instant radiance – tighter, smoother, brighter-looking skin after just 1 use. A series of 4 to 6 peels provides best overall results.

## **Medical Grade PCA Peels 30min Individual Treatment \$125**

### **Series of 6(recommended) \$625**

#### **-Sensi Peel**

This peel is formulated for all skin types. There will be mild peeling to improve fine lines and wrinkles. Safe for use on sensitive, rosacea and ethnic skin. Known as "The Beginner Peel" this is great with a Customized Facial.

#### **-PCA Peel**

Light-to- medium depth peels that effectively exfoliate, lighten and inhibit pigmentation. Customized for your specific skin needs to achieve optimum results. Great in combo with all Specialty Facials!

#### **-Ultra Peel Forte**

This peel focuses more on dramatic wrinkling and photo damage and offers the excellent results of a medium-depth peel without the traditional discomfort. Great partner for the Anti-Aging Facial!!

**\*\*Combine a Specialty Facial & Medical Grade PCA Peel \$150**

## **Vi PEEL 45min Individual Treatment \$300**

### **Series of 3(recommended) \$750**

With superior results for Anti-Aging, this peel addresses Melasma, Age Spots, Sun Damage and Wrinkling. There is minimal downtime. Let Kristina apply this fabulous peel and enjoy a fresher, rejuvenated look in about one week!! Post peel products will be recommended to continue to refine and improve your skin's appearance between your Vi Peel treatments.

**Dermaplaning**                      **30min**                      **Individual Treatment \$75**  
**Series of 6(recommended) \$375**  
**Add-On to Specialty Facial or Peel \$50**

This is a physical exfoliation technique for all skin types. Removing the surface layer of skin cells, leaving your face perfectly refinished. We are introducing the latest, most effective, newly patented Dermaplaning device on the market!! Kristina is thrilled with the amazing results! You will see immediate improvement in the texture of your skin!! Suggested with Specialty Facial Treatments and some chemical peels to enhance results and provide greater penetration of product.

**Papaya Enzyme Treatment**    **30min**    **Individual Treatment \$75**  
**Series of 6(recommended) \$375**

The amazing Papaya has an enzyme that helps break down the surface layers of the skin! This fruit enzyme will noticeably “boost the benefits” of other resurfacing and rejuvenating treatments!! Excellent in combination with Dermaplane, or “Skin Specific” peel.

**Specialty Facials**                      **60min**                      **Individual Facial \$75**  
**Series of 6(recommended) \$375**

Our specialty facials address the individual needs of our patients. A consultation with Kristina will determine which facial is best for you. For more dramatic results, combine your facial with a Dermaplane Treatment and a “Skin Specific” peel.

**~Hydrating Facial**

Soothe rejuvenate and nourish your skin. For those with dry or under nourished skin. Like an Oasis for the Face-is!!

**~Anti-Aging Facial**

Nurtures the tissue to help build the strength of the skin. For those with fine lines and sunspots. Bye-bye wrinkles!!

**~Acne Facial**

Designed to aid in clearing blemishes and deeply cleanse the skin. Better known as the “Zit-Zapper”!!

**~Customized Facial**

Many of you have multiple conditions to address. Kristina will develop a facial that will specifically address your individual needs. Personal perfection!!

**Skin Care Systems:**

**Obagi Nu-Derm**

**ZO SkinHealth Aggressive Anti Aging Kit**

**ZO Skin Health Gentle Kit**

**Clarisonic Opal**

**Elta MD**

**Rhonda Allison**

**Fillers:**

**With over 13 years of experience and working side by side with Dr. Spies, Carol Traw is our Injection Specialist. Because products vary per individual case, Carol will evaluate and administer the appropriate filler and/or injectable for you!!**

**Restylane** \$500(per syringe)

**Perlane** \$525 (per syringe)

Safe natural cosmetic dermal filler made of non-animal based hyaluronic acid that restores volume and fullness to the skin to correct moderate to severe facial wrinkles and folds. Average results: 6+ months

**Juvederm Ultra/Juvederm Ultra Plus:** \$500 (per syringe)

JUVÉDERM™ is an FDA approved dermal filler and is the next generation in hyaluronic acid dermal fillers that provide a smooth, long-lasting correction of moderate to severe facial wrinkles and folds. Average results: 6+ months

**Radiesse:** \$500 (.8ml syringe)

\$650 (1.5ml syringe)

Radiesse wrinkle filler is FDA-approved for the correction of moderate to severe facial wrinkles and folds such as nasolabial folds. Average results: 6+ months.

**Botox:** \$12 Per Unit

(25 units typical area).

Reduces or temporarily reduces lines in the forehead, between the brows and crows feet. Results will be seen within 2 weeks. Botox can last 4-6 months.

**Dysport:** \$4 Per Unit

(50 units typical area).

Dysport is used to temporarily improve the look of moderate to severe frown lines between the eyebrows. Results will be seen within 2 weeks. Dysport can last 4-6 months.

**\*\*Topical Anesthetics or Dental Blocks Provided**

All treatments require a consultation visit prior to your initial treatment. This allows the skin care specialist or physician to listen to your needs and formulate the regimen necessary to reach your goals. All skin care consultations are complimentary.

**Etiquette & Policies**

**Please arrive a few minutes early to allow time to fill out your history form.**

**Appointment and Cancellation Policy**

**In the event that you need to cancel your scheduled appointment with us, we ask that as a courtesy you call 24 hours in advance. If you are late for your appointment your services may be cut short to accommodate the next client. Please note if you fail to show up for your appointment without canceling, you will need to give a credit card number in order to schedule any further appointments. You will be charged full price for your services should you fail to show up again. We are confident in the respect we show our clients and assume the same from them in return.**

**Please do not bring children when you are scheduled for any of these services. Our office is not a safe environment for children unattended.**